| NAME of activity    | HUMAN BEAT BOX  |
|---------------------|---|
| duration            | 1h minimum  |
| audience            | From 6 years old<br>Groups of 10 persons max  |
| Pedagogical<br>goal | <ul> <li>develop the listening, the rythm, the group dynamics</li> <li>discover the possibility to play music without instruments</li> <li>play with sounds and body</li> <li>develop creativity</li> </ul>   |
| ription             | Human beat box is the vocal imitation vocale of drums, scratches, electronic beat boxes or other instruments. This technics comes from jazz and rap and appeared in the 70' in NY.  After listening beat boxers that will allow beginners to get an idea of the possibilities, it is posible to start the activity. First, we will look for sounds. Here are some proposals of imitation of drum kit:  - bass drum: Ppp, lips hit together  - snare drum: Pfff with lips  - Cymbals: Tssss, tongue on the palate  - Chalerston: ts ts ts, tongue on the palate  - Bass: Bwou, bass voice, blowing with swelling chicks  - slapping bass: Preuuu, kick with a bass and raspy voice  - Mmmm: closed mouth, only the sound of thez voice  - Tik: inspiring, tongue on the palate, as to say no  - Kch: blowing  Once participants get some sounds, we can work on a routine, on a tempo and beat (accentuating the first note of each beat). We also can try to create an orchestra, mixing the voices, and adding text, eventually. |
| Material            | With or without micro. The use of micro can help to find other sounds (blowing on it, putting it between closed hands, it gives the sensation of a cavern) Recording material <a href="http://www.beatboxblog.fr/archives">http://www.beatboxblog.fr/archives</a> <a href="http://www.beatboxart.fr/">http://www.beatboxart.fr/</a> Beat box bands: Biz Markie, Razhel, Kenny Muhammad, Sheek   |
| Space               | Big enough, without neighbours  |
| Comments            | This workshop can increase the participation inside a group, each participant can propose a rythm, a sound to the group.  |
| Restitution         | Beat box can be included in a collective show, on stage.  |